

## Child Information (0-4 yrs)

Child's Name \_\_\_\_\_

Child's Date of Birth: \_\_\_\_\_

Gender: Male Female

Parent(s) Names \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_

Parents' E-mail Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Whom may we thank for referring your child to this office? \_\_\_\_\_

## Health Concerns

Please list your child's health concerns according to their severity:

Concern	Rate of Severity 1=mild, 10=worst	When did it start? For how long?	If they had the condition before, when?	Did the problem begin with an injury?	What % of time is pain present?
1.					
2.					
3.					
4.					

## Pregnancy and Birth History

### CHEMICAL STRESS

During the pregnancy did the mother:

Smoke? Yes No Drink Alcohol? Yes No

Use Recreational Drugs? Yes No Fall ill during pregnancy? Yes No

Take Prescription Medications? No Yes Please list: \_\_\_\_\_

Were any supplements taken during the pregnancy? No Yes Please list: \_\_\_\_\_

### LABOR / BIRTH

Type of birth? Vaginal: Cephalic (head first) Breech (feet first) C-Section

Was labor induced? Yes No Duration of labor? \_\_\_\_\_

Was there any of the following assistance needed during birth? Please circle all that apply.

Forceps Cesarean Vacuum Extraction Induction Assisted Traction/Head Turning

Was there any evidence of birth trauma to the infant? Circle all that apply:

Bruising Odd shaped head Stuck in birth canal Fast or excessively long birth Respiratory depression Cord around neck

Was your child subjected to any of the following? Circle all that apply:

Silver nitrate drops in eyes Incubation Vitamin K shot Separation from you Hepatitis shot

Did your child spend any time in intensive care? Yes No If yes, how long? \_\_\_\_\_

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## Childhood History

### PHYSICAL STRESS

Does your child have a preferred sleeping position? No Yes \_\_\_\_\_

Does your child have a preferred feeding position? No Yes \_\_\_\_\_

Any falls or injuries down stairs, couches etc? No Yes \_\_\_\_\_

Any traumas resulting in fractures or stitches? No Yes \_\_\_\_\_

Any hospitalizations or surgeries? No Yes \_\_\_\_\_

Please list all surgeries your child has had:

1. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

2. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

3. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

Please list any accidents and/or injuries: auto, sports, or other (Especially those related to your child's present problems).

1. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized? Yes No

2. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized? Yes No

3. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized? Yes No

Has your child ever had x-rays taken? No Yes When? \_\_\_\_\_ Where? \_\_\_\_\_

Approximate hrs spent at play per week? \_\_\_\_\_ Average hrs spent at computer/TV/video games per week? \_\_\_\_\_

### CHEMICAL STRESS

Does your child have food allergies/ intolerances? No Yes, which \_\_\_\_\_

The type of diet your child usually follows is classified as: \_\_\_\_\_

Do you have any concerns about your child's eating habits? No Yes, explain \_\_\_\_\_

Please grade your child's dietary selections according to the following scale: If child is nursing please mark for mother's diet.

**D** - Consumes this daily    **W** - Consumes this weekly    **M** - Consumes this monthly    **O** - Does not consume this

\_\_\_\_ Eggs    \_\_\_\_ Fasting    \_\_\_\_ Fruit    \_\_\_\_ Fish    \_\_\_\_ Diet Food

\_\_\_\_ Organic Foods    \_\_\_\_ Coffee    \_\_\_\_ Beef    \_\_\_\_ Weight Control Diet    \_\_\_\_ Raw Vegetables

\_\_\_\_ Soft Drink    \_\_\_\_ Poultry    \_\_\_\_ Artificial Sweetener    \_\_\_\_ Whole Grains    \_\_\_\_ Fried Foods

\_\_\_\_ Seafood    \_\_\_\_ Cooked vegetables    \_\_\_\_ Refined Sugar    \_\_\_\_ Dairy    \_\_\_\_ Canned/Frozen vegetable

Have you chosen to give your child vaccinations?                      No                      Yes

If so what vaccinations were given and at what age?

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Were there any negative reactions?    No            Yes \_\_\_\_\_

Was there any of the following symptoms: Circle all that apply

Fever      Un-consolable crying      Irritability      Arching of body      Bowel disturbances  
Feeding disturbances                      Drowsiness      Other: \_\_\_\_\_

History of antibiotics?    NO    Yes    how many courses of antibiotics has your child received? \_\_\_\_\_

**Please list ALL medications your child currently takes or has taken in the past 6 months:**

Name \_\_\_\_\_ Dosage \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ Dosage \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ Dosage \_\_\_\_\_ For what? \_\_\_\_\_

**Please list all nutritional supplements, vitamins, homeopathic remedies your child presently takes:**

Name \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ For what? \_\_\_\_\_

#### **EMOTIONAL STRESS**

Night terrors, sleep walking, difficulty sleeping    No            Yes – explain \_\_\_\_\_

Quality of Sleep?            Good            Fair            Poor            Number of hours \_\_\_\_\_

Behavior problems?    NO    Yes, what problems \_\_\_\_\_

Does your child attend day care?    No    Yes    From what age? \_\_\_\_\_

Does your child play well with other children?    No    Yes    Are you concerned about their play?    No    Yes

#### **FAMILY HISTORY**

Describe any medical family history on mother's side: (EG cancer, diabetes etc)

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On father's side:

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Do sibling's have any health concerns?    No    Yes, please describe:

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***Informed Consent to Chiropractic Care***

When a person seeks chiropractic care, it is essential for both the individual and the chiropractor to be working towards the same objective.

Chiropractic care has one goal, to correct vertebral subluxations. It is important that each person understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Vertebral Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of the nerve function and interference to the transmission of mental impulses, resulting in a decrease in the body’s innate ability to express its maximum health potential.

**Adjustment:** An adjustment is a specific application of forces to facilitate the body’s correction of a vertebral subluxation. Our method of correction is by specific adjustments of the neurospinal system.

**Health:** A state of optimal physical, mental, and social well-being, not merely the absence of symptoms.

I understand that my care at this office will be focused on the detection and correction of vertebral subluxations. I hereby request and consent to the performance of chiropractic adjustments and assessments. I Understand that every body has a different potential for wellness; thus, the maximum results I will receive in this office cannot be predicted or guaranteed.

Chiropractic care is considered to be one of the safest and most effective forms of care. I understand and am informed that, unlike many other health care professions, the risks associated in receiving chiropractic care are extremely minimal. In recent years there have been rare incidents of injury to the vertebral artery during the course of care by medical doctors, physiotherapists and chiropractors. To put this in perspective, the risk of stroke in the general population is 0.00057%. The risk of stroke after a chiropractic adjustment is 0.00025%. The risk of death from taking an aspirin and/or other anti-inflammatory drugs is 0.04%.

It is not our goal or intention to diagnose, treat or attempt to cure any physical, mental, or emotional symptoms. Our expertise is in health, wellness, healing and human physiology. However, if during the course of chiropractic care we encounter unusual findings, we will bring these to your attention. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Please discuss care alternatives with attending chiropractor.

**Our primary goal is to release life in the body, through the detection and correction of vertebral subluxations.**

At this office, the privacy of your personal information is an essential part of our office providing you with quality care. We are committed to collecting, using and disclosing your personal information responsibly. Our office has a privacy policy that complies with federal law, which you may view at any time by asking our staff.

I, \_\_\_\_\_ have read and fully understand the above statements.  
(PRINT NAME)

I have also had an opportunity to ask questions about its content. I therefore accept chiropractic assessments and care on this basis. I intend this consent form to cover the entire course of my care in this office with Dr. Swenson or other attending chiropractor.

\_\_\_\_\_  
(SIGNATURE) (DATE) (WITNESS)

**Consent to assess and adjust a minor:**

I, \_\_\_\_\_, being the parent or legal guardian of  
(PARENT/GUARDIAN NAME)

\_\_\_\_\_ have read and fully understand the above terms  
(CHILD’S NAME)  
of acceptance and hereby grant permission for my child to receive a chiropractic assessment and chiropractic care.

(Information released from: The National Center for Health Statistics USA, 1993 and A Risk Assessment for Cervical Manipulation vs. Non-Steroid Anti-inflammatory Drugs for the Treatment of Neck Pain, JMPT, Oct. 1995